

ANNUAL REPORT

FY 2021



NYCPS
New York County Psychiatric Society

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OUR MISSION

Since its formation in 1955, the New York County Psychiatric Society, a District Branch of the American Psychiatric Association, has striven to be a resource for both psychiatrists and the public. NYCPS is composed of over 1,600 psychiatrists in Manhattan and Staten Island and is the largest district branch of the APA.

Our mission is to advance the field of psychiatry, advocate for access to treatment and excellence in patient care, promote research and education, and serve the professional needs of our members.

2021-2022 Executive Council

OFFICERS

President, Danielle Kushner, M.D.

President-Elect, Jeremy Kidd, M.D., MPH

Secretary, Alan Rodriguez Penney, M.D.

Treasurer, Anil Thomas, M.D.

Immediate-Past President, Vicente Liz, M.D.

Past President, David Roane, M.D.

COUNCIL MEMBERS

C. Elizabeth Casanovas, M.D.

Claudine Jones-Bourne, M.D.

Sarah Klagsbrun, M.D.

Eric Marcus, M.D.

Daniel Safin, M.D.

Gabrielle Shapiro, M.D.

Adjoa Smalls-Mantey, M.D., DPhil

REPRESENTATIVES

Kenneth Ashley, M.D.

Jonathan Avery, M.D.

Rebecca Capasso, M.D.

Anna Costakis, M.D.

Shervin Shadianloo, M.D.

Jose Vito, M.D.

NYCPS STAFF

Executive Director, Meagan O'Toole, J.D.

Administrative Coordinator, Alyson Cozzolina

COMMITTEES

NYCPS encourages active participation and involvement among all its members. We welcome interested members to join one of our many active committees composed of knowledgeable and devoted members.

Committees

- Addiction Psychiatry
- Budget & Finance
- Advocacy & Government Relations (CAGR)
- Complementary & Integrative Medicine (CIM)
- Early Career Psychiatrists (ECP)
- Forensic
- HIV Psychiatry
- Ivan Goldberg Award
- LGBTQ+
- Minority Affairs
- Psychiatrists for Community Empowerment (P4CE)
- Private Practice
- Public Affairs
- Research
- Residents'
- Technology
- United Nations
- Women's

2021 Committee & Event Highlights:

Forensic Psychiatry Committee

In December 2021, the Forensic Committee led by Co-Chairs, Dr. Danielle Kushner and Dr. Stuart Kleinman, held an event, Behavioral Health Emergencies: Collaboration between NYPD and Mental Health. The event discussed how mental health professionals around the country participate in programs that assist or replace law enforcement in managing acute threats posed by Emotionally Disturbed Persons or “EDP’s.” Jurisdictions vary in how they deploy mental health professionals in these circumstances and how they effectively collaborate with law enforcement. Speakers included Dr. Jennifer Goldman, Office of Mental Health, Medical Director of Crisis and Community Services and Chief Theresa C. Tobin, Chief of Interagency Operations, New York Police Department.

Virtual Events

The health and safety of our members and fellow citizens is a top priority at NYCPS, therefore, in response to the COVID-19 pandemic, NYCPS continued to host events virtually for the majority of 2021. NYCPS used the opportunity to offer a variety of fun, social, family-friendly, and “out of the box” types of events such as Virtual Family Feud, a Mixology Class, a Magic Night, and a Mardi Gras Taco Tuesday cook-along demo. Feedback from members was overwhelmingly positive and we would like to thank our members for being so willing and able to adapt to circumstances and continue to engage and participate in new ways!



PROGRAMS & GRANTS

Several years ago, the Executive Council made a conscious effort to direct more funding toward programming each year. As a result, NYCPS has been able to offer a steady increase in both quality and quantity of events and programs, to the direct benefit of members. The chart below shows our increase in programming expenses and program offerings in two-year increments despite *no increase in dues*. (For a more detailed breakdown, see page 14. Note: Expenses include governance & research.)

2015	2017	2019	2021
\$	\$	\$	\$
Annual Meeting	Annual Meeting	Annual Meeting	Annual Presidential Reception
Legislative Breakfast	Legislative Breakfast	Legislative Breakfast	Advocacy Hour
Meet & Greet	Meet & Greet	Meet & Greet	Meet & Greet
Minority Mentorship Program	Minority Mentorship Program	Minority Affairs Mentorship & CV Night	Minority Affairs Mentorship & CV Night
Telepsychiatry Training	Fellowship Night	Fellowship Night	Dismantling Racism Series
IPS Bowling Night	Bowling Night	Bowling Night	Albany Day
E-Prescribing Info Session	Holiday Party	Holiday Party	PRMS CME Risk Management Seminars
UN Committee Movie Night	UN Committee Movie Night	UN Committee Movie Night	Medicare Update Webinar
Residents' Committee Mixers	Early Career Psychiatrists Social	Residents' Committee Mixers	Summer Social (Residents' Committee)
Integrated Care Training	Women's Committee (Perinatal Psychiatry)	UN Committee (Human Trafficking)	Geriatric Committee (Elder Abuse During COVID-19)
Community Service Day	P4CE Committee (PR Disaster Relief)	P4CE Committee (Policies & Practices)	P4CE Committee (Community Wellness Fair)
	Forensic Committee (Hot Topics)	Forensic Committee (Vicarious Abuse Panel)	Forensic Committee (Mental Health & NYPD)
	Complementary & Integrative Medicine Committee (CBD)	Complementary & Integrative Medicine Committee (Microbiome)	Complementary & Integrative Medicine Committee 2-Part Series
	Addiction Psychiatry (Opioid Abuse Panel)	Addiction Psychiatry (Medical Marijuana)	Addiction Psychiatry Committee 2-Part Series
	Minority Affairs (Global Psychiatry)	Minority Affairs (Global Psychiatry)	Family Feud Night
	HIV Committee (Pre-Exp Prophylaxis)	LGBTQ+ Committee (Social w/ AGLP)	Taco Tuesday: Mardi Gras
	Editorial Board Book & Author Discussion	Behavioral Health Specialists & Insurance	Mixology Class
		PsychSummit Event (Climate Change)	Magic Night- Fancy Wine & Cheese

NYCPS Website

NYCPS launched our new website, www.nycpsych.org in 2016, and we have continued to expand the information available based on our members' needs. The website allows members to view the organization's calendar, register for events, get important news and updates, find out about grant and award opportunities, view information on Committees and their events, read and place classified ads, and learn more about what NYCPS membership has to offer.

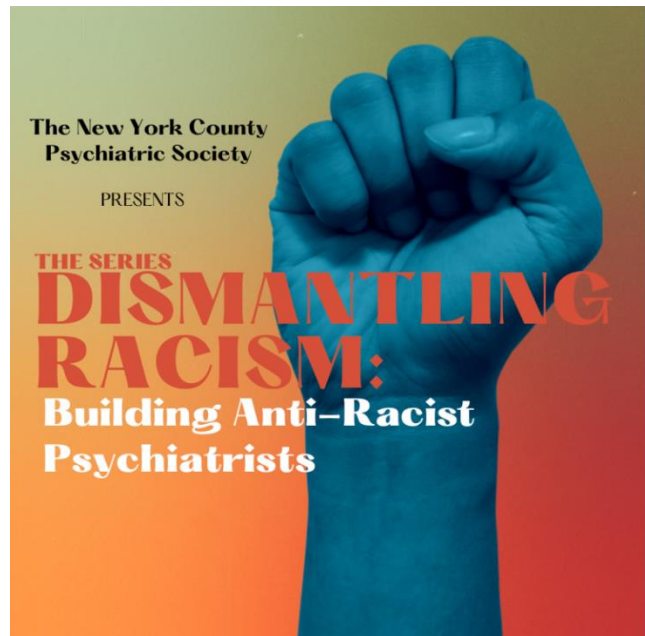
E-News Blasts & Social Media

Our monthly E-News blasts contain timely news, event information and registration links, important updates, an APA "Member Benefit of the Month," and classified ads. We highlight the NYCPS calendar of events and include a section on upcoming deadlines for APA/general psychiatry awards, grants, etc. We also feature the top news stories related to psychiatry from a variety of media outlets.

In addition to our E-News blasts and website, NYCPS has a strong social media presence. The NYCPS Facebook page, at www.facebook.com/NYCPSpsychiatric, has over 550 likes; our Twitter account, @psychiatryNYC, has approximately 1598 followers; and our Instagram, @nycpsychiatric, has over 800 followers and growing. We have also added a YouTube Channel so members can check out some of our past virtual events and lectures.

Dismantling Racism Series

On June 4, 2020, NYCPS hosted a Town Hall on Systemic Racism and Healthcare Inequities hosted by our Minority Affairs, P4CE, and Residents' Committees. Recognizing that dismantling racism takes time and ongoing work, NYCPS instituted a new series dedicated to helping psychiatrists break down the racist systems in place, while also helping to bring awareness, education, reflection, and empathy to build a community of anti-racist psychiatrists. Following the initial Townhall, NYCPS hosted five separate events throughout 2020 and 2021 and will renew our commitment to the ongoing series into 2022 and beyond.



Minority Mentorship Network (MMN) Program

NYCPS members started the Minority Mentorship Network in 2013 to promote and support residents and early career psychiatrists of underrepresented groups by offering them more opportunities for mentorship. In 2018, under the leadership of Dr. Adjoa Smalls-Mantey, the Program was transformed into an official NYCPS Committee, now Co-Chaired with Dr. Chanelle Ramsbick. The Minority Affairs Committee continues to strengthen our Minority Mentorship Network, connecting MURs, RFMs, and ECPs with established psychiatrists to foster mentoring relationships. The Committee hosts an annual CV Review and Mentorship Night that includes a presentation from an expert on writing and updating CVs followed by one-on-one mentorship, where Resident-Fellow-Members are paired with individual experienced psychiatrists for mentorship based on interests and specialty.

Research Grants for Medical Students & Residents

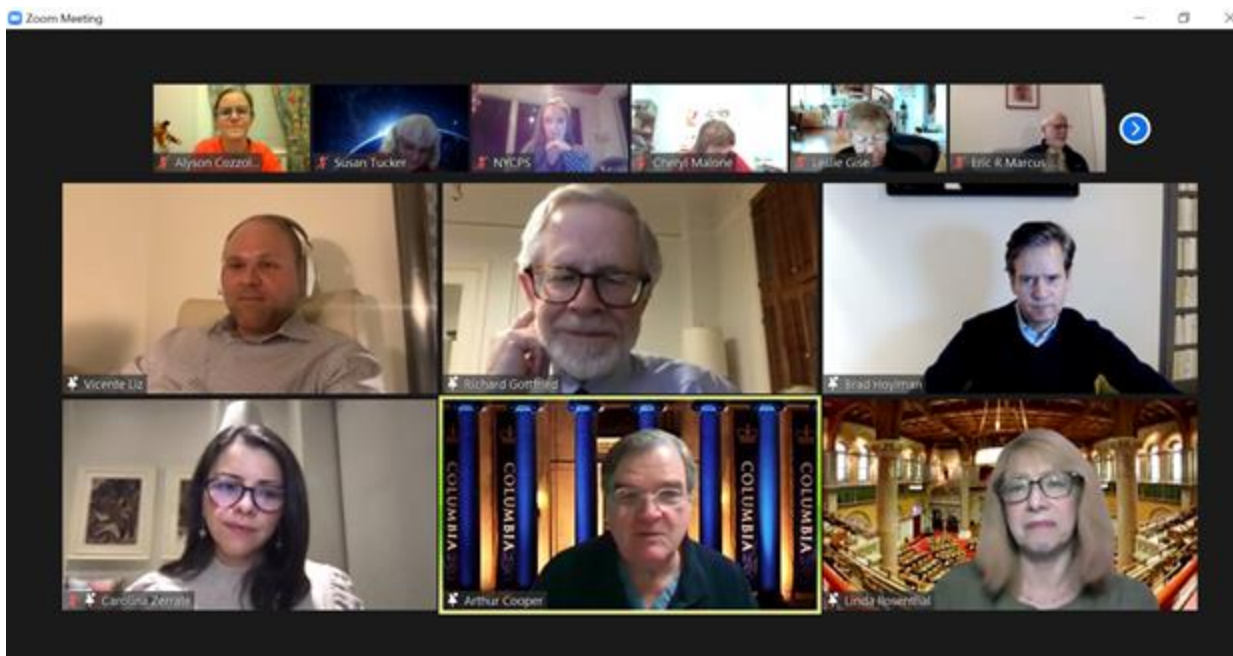
In 2015, the NYCPS Research Committee began a program to award grant funding to medical students who submit research proposals. The purpose of these grants is to cover gaps of \$1000-\$2,000 in funding for medical students' psychiatry-related research. This grant makes NYCPS and APA a resource early in the careers of soon-to-be psychiatrists and strengthens our relationship with potential members.

In 2018, we expanded the program to include grants for Resident-Fellow Members, and we awarded grants to two Residents in the NYC area. We continue to take applications for grants on a rolling basis throughout the year.

ANNUAL EVENTS

Advocacy Hour (former Legislative Breakfast)

On February 4, 2021, the New York County Psychiatric Society, the New York County Medical Society and the New York Council on Child & Adolescent Psychiatry held a joint live virtual Advocacy Hour with legislators and members from all three organizations. This is an annual event that brings together members with elected representatives, directors of state and city agencies, and academic leaders to discuss important issues affecting the field of psychiatry. Legislators in attendance included NYS Senator Brad Hoylman, Assembly Member Richard Gottfried, and Assembly Member Linda Rosenthal.



Legislators and Members During the 2021 Virtual Advocacy Hour

NYCPS Annual Presidential Reception

Each year the Society holds an Annual Presidential Reception at the New York Academy of Medicine for members and their guests and includes a formal dinner and presentations by experts on important and relevant topics in the field of psychiatry, in addition to presentations for several awards. Due to COVID-19, the 2021 Annual Meeting was held virtually. Keynote speaker, Harriet Washington, spoke on her book, *Medical Apartheid*.

The NYCPS Resident Research Awards ceremony recognizes all resident members who submit abstracts and awards the top three placements with honoraria and plaques. The 2021 winners were Palak Patel, M.D. (1st place), Julia Vileisis, M.D. (2nd place), and Katharine Brewster, M.D. (3rd place).

The Ivan Goldberg Outstanding Service Award commemorates the unique and novel contributions made by the late Dr. Goldberg to the field of psychiatry and awards a psychiatrist member who demonstrates the pioneering spirit of Dr. Goldberg’s work; to make psychiatric knowledge accessible to all. The 2019 Ivan Goldberg Award recipient was Dr. David Hellerstein. We plan to revitalize the award in 2022.

In addition, members of the Residents’ Committee present the Outstanding Faculty Mentor Awards. In their words, *a mentor is someone to look up to, embodies strength, confidence, a fervor for learning, and most importantly is supportive and sensitive to a resident’s needs during training.* Program representatives on the Residents’ Committee are responsible for selecting a recipient within their program to honor faculty mentors who embody these characteristics and give thanks for their outstanding contributions to resident training.

Meet & Greet

The New York County Psychiatric Society’s Annual Meet & Greet is a social event that gives members a chance to meet the Executive Council as well as committee chairs, to network and socialize with each other, and to discuss ideas with fellow psychiatrists in an enjoyable and casual setting. The event is among the most popular events the Society hosts and the 2021 Meet & Greet marked a return to in-person events and was held on a rooftop lounge in Manhattan. Members had fun engaging in a friendly competition and raffle to win prizes such as an iPad mini, a Freudian Gift Basket (provided by Platinum Partner, PRMS), and gift cards to popular retailers.



FINANCIAL OUTLOOK

Profit and Loss Comparison			
	2019	2020	2021
Total Income	273,429.36	262,383.68	245,452.83
Total Expense	235,053.72	202,719.31	217,664.58
Net Ordinary Income	38,375.64	59,664.37	27,788.25

Detailed 2021 Financial Report

NY County District Branch, American Psychiatric Association Profit & Loss

January through December 2021

Ordinary Income/Expense		
Income		
Contributions Income		
Voluntary Dues	2,775.00	
Contributions Income – Other	<u>39,000.00</u>	
Total Contributions Income		41,775.18
Interest Income		373.52
Membership Dues		201,570.85
Miscellaneous Revenue		700.00
Program Services Revenue		
Event Income	871.57	
Website & E-News Income	<u>161.89</u>	
Total Program Services Revenue		<u>1,033.46</u>
Total Income		<u>245,452.83</u>
Gross Profit		245,452.83
Expense		
Bank Service Charges		100.00
Employee Benefits		38,690.40
Governance Expenses		
Election Expenses	299.00	
Executive Council Expenses	<u>155.90</u>	
Total Governance Expenses		454.90
Information Technology		
Email	235.19	
Information Technology - Other	<u>4,322.58</u>	
Total Information Technology		4,557.77
Insurance		
D&O Insurance	<u>1,568.00</u>	
Total Insurance		1,568.00
Office Expense		
Conference Calls	96.03	
Office Supplies	682.39	
Storage	1,250.28	
Telephone	107.40	
Virtual Office	2,176.49	
Office Expense- Other	<u>108.86</u>	

Total Office Expense		4,421.45
Outreach & Mailings		1039.14
Payroll Expenses		
Payroll Taxes	38,311.81	
Worker's Comp	345.00	
Payroll Expenses - Other	<u>3,253.96</u>	
Total Payroll Expenses		41,910.77
Postage and Delivery		130.90
Professional Fees		
Accounting	<u>835.00</u>	
Total Professional Fees		835.00
Program Expenses		
Annual Meeting	7,039.92	
Committees Expenses	15.90	
Dismantling Racism Series	1,250.01	
Meet & Greet	12,888.27	
Resident Research Awards	1,907.09	
Program Expenses - Other	11,614.80	
Total Program Expenses		34,715.99
Salary		88,766.26
Staff Training/Education		<u>474.00</u>
Total Expense		<u>217,788.25</u>
Net Ordinary Income		<u>27,788.25</u>
Other Income/Expense		
Other Expenses		<u>35.00</u>
Total Other Expense		<u>35.00</u>
Net Other Income		<u>-35.00</u>
Net Income		<u>27,753.25</u>